



Walking a different path

A companion worksheet to the 92,000 Hours Workshop

1. Reflect on your life. What were some of the "seminal moments" that you find yourself talking to other people about or thinking about often? Write them down here.

2. As you look at the moments above, do you notice any themes? What stands out to you? Did you learn something about yourself or others? What was impactful to you about those moments?

3. If you're still struggling to identify important moments in your life, think about the stories you always go back to when you're talking with your family members or friends. Are there funny or interesting stories you find yourself telling others more often? What are your "go-to" anecdotes?
