



Walking a different path

A companion worksheet to the 92,000 Hours Workshop

1. Picture yourself as a young child of 5 -10 years old. Imagine that time in your life. Give yourself the freedom to think about the wonder you still felt at that age. Now, what did you want to be when you grew up? Write it down.

2. Look at your answer above. Is it strange? Expansive? Audacious? Maybe a little humorous? Now think about that job/career you wanted to have when you grew up in terms of the characteristics of that role (i.e., determined, athletic, in charge, adventurous, admired, etc.). Write down as many adjectives that describe that role as you can.

3. Now take a look at those adjectives above. Are there any that would describe you now? Which ones? Are there any that you'd like to reincorporate into your life now? How can you do that? What characteristics of the childhood dream future could you work to incorporate into your life now?



4. Have you ever chosen a direction in your life that surprised your family or friends? What did it feel like to "walk that different path"? If not, have you considered it – and what stopped you?

5. Do you have people in your life who would "lock arms and walk your path with you"? Who are they? Write down their names. Have they ever chosen a path that surprised you? How did you support them? If they were to do so now, how could you support them?
